

NEWSLETTER

BLACKBUTT CHINCHILLA DALBY GYMPIE KINGAROY
MURGON NANANGO



MixMA
SELF-DEFENCE

MEET SIR!

Morning!

Welcome everyone to 2019.

I was inspired by Bruce Lee, Jackie Chan, Jean Claude Van Damme and Chuck Norris to do

Martial Arts. I've now been training for 31 years. Most of you should know me now, from my visits to each site last year, and I look forward to seeing you all more this year. There are some exciting new developments in our school, so stay tuned for those.



KEY DATES

Australia Day Classes

Wednesday 23rd and
Thursday 24th January

Australia Day

26th January

Back to School

29th January

Tournament Training

2nd February

TOURNAMENT TRAINING

In 2019, tournament training will once more be held at the Nanango Centre. We encourage students of all ages and belt levels to come and have a go! These training sessions cover competition rules sparring, forms, sword combat, sumo, and so much more. Tournaments can be a lot of fun, and are an excellent way to improve your Martial Arts skills. The ISKA World Cup will be held in Sydney again in 2020, and anyone who is interested in this event should start training NOW! Training is held in Nanango every Saturday of the School Term, from 9:30 - 11 am. Ask your Instructor for more information.



CONGRATULATIONS!

To Gympie's newest Black Belt! Well done Ethan (above).



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MERRY

CHRISTMAS!

Thanks to everyone for coming along and playing in our breakup classes! We all had such a great time, including obstacle courses, water fun, Nerf wars and beating up instructors! And of course - PARTY FOOD!!

Even the Instructors and staff (left) enjoyed a Christmas breakup party!



K4K STAFF



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