

KARATE 4 KIDS

STRIPES

Forms & Basics

Kicking Techniques

Pad Work

Sparring Techniques

Self Defence

BELTS

L1 3-5 years

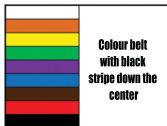


After L1 Purple students will move to L2 class starting on L2 Orange Belt

L2 6-8 years



L3 9-12 years



**Keep your uniform clean, white & ironed.
Present yourself with pride!**



**DO NOT wash your belts
DO NOT let your belt touch the ground
DO NOT Lose your belt
DO NOT Leave your belt at home**

BELTS & STRIPES